

CYSTOSCOPY with or without Prostate Ultrasound Appointment

YOUR PROCEDURE IS SCHEDULED FOR:

Day _____ Date _____ Time _____ AM / PM

at our 1501 N. Gilbert Road, Suite 204, Gilbert, AZ 85234 location. (Gilbert Rd. & Baseline)

DESCRIPTION OF CYSTOSCOPY: Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder). This can be done in most instances without discomfort.

WOMEN will disrobe from the waist down and lie flat on the exam table with your feet placed in stirrups. The vagina will be cleaned with a topical solution.

MEN will also disrobe from the waist down and lie flat on the exam table. The penis will be cleaned and a local anesthetic jelly (NOT AN INJECTION) will be placed into the urinary channel and left for a short period of time.

The cystoscope or telescope is passed through the urethra, into the bladder and the inspection is carried out. The entire exam takes less than 5 minutes. Afterwards you might expect a little discomfort with voiding and perhaps a spot of blood for a day or so. A warm bath helps to relieve this irritation and will wash off the solution we've used to prep the area. You will receive *one* antibiotics after the procedure to prevent infection.

POSSIBLE RISKS OF CYSTOSCOPY: After this type of procedure a small risk of infection exists. Burning with a small amount of blood with urination is normal for a few days following the procedure. If symptoms of burning, frequency or bleeding occur for more than a few days, please let us know.

PREPARATION FOR CYSTOSCOPY: No restrictions of diet, fluids or medications exist for this exam.

DESCRIPTION OF PROSTATIC ULTRASOUND: (checked ONLY if you're scheduled for an ultrasound also)
Ultrasound uses harmless sound waves in order to give us an image where we can determine the size of the prostate. You will disrobe from the waist down, lay on your left side with knees slightly bent up towards your chest. An ultrasound probe, which is finger like in size and shape, is placed into the rectum by the doctor's assistant. With slight movement of the probe, different angles are obtained to determine the size of the overall prostate. There is *NO PREP* involved for this ultrasound procedure.

****REMINDER:** *If you are scheduled to have any additional testing such as radiology exams or urodynamic testing, the testing needs to be done prior to you coming in for the cystoscopy!! A delay in having your additional exams performed may result in having to reschedule the cystoscopy appointment.*

PLEASE NOTE: Depending on what your insurance benefits are for this procedure, payment is required at the time of service. If this procedure is applied to your deductible or if there is a co-insurance applied, that amount will be due when you arrive for the procedure. We urge you to contact your insurance to check on the following CPT code(s) to make yourself aware of what will need to be collected. Our office will contact you a day or two in advance letting you know an approximate amount due if greater than a specialist co-pay.

52000 Cystoscopy

52281 Cystoscopy with Dilation

76872 Prostate/Rectal Ultrasound

52310 Cystoscopy with Stent Removal

51741 Uroflow