

PROSTATIC ULTRASOUND AND BIOPSY APPOINTMENT

YOUR PROCEDURE IS SCHEDULED FOR: Day: _____ Date: _____ Time: _____
Am/Pm

READ THROUGH THIS INFORMATION ENTIRELY

DESCRIPTION OF PROSTATIC ULTRASOUND AND BIOPSY:

Ultrasound uses harmless sound waves to give us pictures of the prostate to determine size. The ultrasound also allows us to accurately guide a biopsy needle into the prostate to take core samples. Indications include suspicion of cancer either by a digital rectal exam (DRE) or by elevation of a prostate screening blood test called a Prostate Specific Antigen (PSA).

The procedure is done in the office without the need of general anesthesia. You will disrobe from the waist down and lie on the exam table on your left side with your knees bent slightly up towards your chest. An ultrasound probe with metal needle guide, which is finger-like in size and shape, is placed into the rectum by the doctor's assistant. With slight movement of the probe, many different pictures are obtained. Once that portion of the procedure is completed, the physician will then come into the room and give an injection of a local anesthetic around the prostate. A spring loaded fine needle will then be placed in the ultrasound guide and the physician will begin taking biopsy's from each side of the prostate. There are normally 12 biopsy's taken.

The entire exam takes 10 to 15 minutes. There is some discomfort experienced throughout the procedure and rectal soreness for a day following the exam is normal. Sitting in a warm bath or hot tub could help eliminate the discomfort. Blood in the urine and stool should be expected for 5 to 7 days, and you may have blood in the semen for 3 to 4 weeks following the biopsy. The results of the biopsy will not be available for 7 to 10 days following your procedure. We will schedule you for an appointment approximately one week following the biopsy in order for you to come in to receive the results from the physician.

POSSIBLE RISKS OF PROSTATE ULTRASOUND AND BIOPSY:

Blood in the urine and stool will be noted for a few days following the biopsy and could be present in the semen for a few weeks. Infection of the prostate or in the urine can occur even with antibiotic prescription. You should call our office if you develop a fever greater than 101, chills and have severe pain and/or bleeding. Also if you are unable to void (urinate) you will need to contact the office.

PREPARATION FOR THE PROSTATIC ULTRASOUND AND BIOPSY: If any of these instructions are not followed properly, your appointment may be cancelled

- ******DO NOT TAKE ANY ASPIRIN, NSAID'S (ibuprofem, motrin, aleve, etc), COUMADIN, WARFARIN OR BLOOD THINNER MEDICATION OF ANY KIND FOR 7 TO 10 DAYS PRIOR TO THE BIOPSY******
- **A fleet enema is required two (2) hours prior to your appointment time.** You can purchase this over the counter at a drug store and will need to follow the package instructions. This is a rectal enema; not one that you drink!
- **Dr. Simoncini patients: Start the TWO prescribed antibiotics the morning of your biopsy and not before.**
- **Dr. Shaba patients: Start the prescribed antibiotic the day before your appointment.**
- There are no dietary restrictions on the day of the biopsy.

YOU SHOULD HAVE SOMEONE DRIVE YOU HOME AFTER YOUR PROCEDURE IS COMPLETE!!

If you do not have someone to drive you after your biopsy, you will need to wait in the waiting room for 15 minutes after the procedure.

FOLLOW-UP APPOINTMENT for biopsy results:

Date: _____ Time: _____ Am/Pm Office Location: Gilbert

PLEASE NOTE: Payment is required at the time of service for this procedure. Depending on your insurance benefits, if the procedure is applied to your deductible or if there is a co-insurance applied, that amount will be due when you arrive for the appointment. We urge you to contact your insurance to check on the following CPT codes to make yourself aware of what will need to be collected. Our office will contact you a day or two in advance letting you know the approximate amount due.

55700: Prostate Biopsy

76872: Prostate/rectal ultrasound

76942: Ultrasound guide

88305 TC X 12 units: Pathology microscopic exam